

# CRISIS RESOURCES

Phoenix-Metro Area

While *not* a comprehensive list, we hope this helps!

## HOUSING & UTILITIES

[Find Help Phoenix](#)

[CASS](#)

[Homeward Bound](#)

[Chicanos por la Causa](#)

[Tempe Community Action Agency](#)

[RI International- Arizona Chapter](#)

[City of Phoenix](#)

[A New Leaf](#)

[Wildfire AZ](#)

[Arizona Housing, Inc.](#)

## YOUTH

[Boys & Girls Club of Metro Phoenix](#)

## FOOD & HYGIENE

[Arizona Association of Food Banks](#)

[United Food Bank- Help Yourself](#)

[Diaper Bank of Central Arizona](#)

## MENTAL HEALTH & ADDICTION

[Hope Lives-Vive La Esperanza](#)

[Community Bridges](#)

[Terros Health](#)

[La Frontera EMPACT Suicide Prevention Center](#)

